

IT'S A NATURAL



AUTHENTIC  
**SPROUTED CORN  
TORTILLAS**





# AUTHENTIC SPROUTED CORN TORTILLAS

## BEST TASTING CORN TORTILLAS EVER!

Unlike most corn tortillas today, **these unique tortillas are made from freshly sprouted 100% organic whole-kernel corn.** We use no corn meal or corn flour. Instead, we sprout our corn first, then slowly produce a “masa” using basic natural ingredients and gently press it into these healthy and flavorful sprouted organic corn tortillas. We believe in sprouting the corn we use because **sprouting optimizes vital nutrients stored in whole grains.**

We add just the right amount of water to healthy, whole, organically-grown corn to unlock this dormant food energy and maximize nutrition and flavor. As a result, beneficial enzymes are activated, which causes the corn to sprout and become a living food. Our exclusive sprouting process not only significantly increases vitamins and minerals but also causes a natural change that allows the protein and carbohydrates to be assimilated by the body more efficiently. And even better still, our slow mixing process helps preserve the important natural fiber.

You can see, taste, and smell THE LIVE GRAIN DIFFERENCE!™ of Food For Life tortillas. See the difference fresh sprouts really make and partake of the miracle.

**Your body and taste buds will know the difference!**



Nutrition Facts	Amount Per Serving	% DV*	Amount Per Serving	% DV*
	<b>Total Fat</b> 1.5g	<b>2%</b>	<b>Total Carb</b> 26g	<b>9%</b>
Saturated Fat 0g	<b>0%</b>	Dietary Fiber 2g	<b>7%</b>	
Trans Fat 0g		Total Sugars 0g		
<b>Cholesterol</b> 0mg	<b>0%</b>	Incl. 0g Added Sugars	<b>0%</b>	
<b>Sodium</b> 55mg	<b>2%</b>	<b>Protein</b> 2g		
<b>Calories per serving</b> <b>120</b>	Vit. D 0mcg 0% • Calcium 68mg 6% • Iron 1mg 6% • Potas. 106mg 2% • Thiamin 0.1mg 8% • Niacin 1mg 6% • Vit. B6 0.1mg 6% • Folate 8mcg DFE 2% • Phos. 91mg 8% • Magnesium 33mg 8% • Selenium 5mg 10% • Manganese 0.2mg 8%			

ITEM #370

### Sprouted Corn Tortillas

**INGREDIENTS:** Organic Sprouted Corn, Filtered Water, Sea Salt, Lime.

**CONTAINS:** Sesame

Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions (inches)	Cases Cubed	TI x HI	Cases Per Pallet	Date Code	Shelf Life
Sprouted Corn Tortillas	370C12	07347200370 1	12/10oz	10 Lbs.	12.75 x 7.25 x 5.75	.31 CF	16 x 9 High	144 cs	Julian - Manufacture Date	12 Months Frozen

### FOOD FOR LIFE BAKING COMPANY, INC.

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