



# EZEKIEL 4:9

## TORTILLAS

Do something good for your body today.



*Sprouted*  
NON GMO  
FLOURLESS  
INSPIRED *Ancient Recipe*  
ORGANIC ESSENTIAL AMINO ACIDS



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# EZEKIEL 4:9 TORTILLAS

*Inspired by the Holy Scriptures*

“Take also unto thee

**WHEAT**, and **BARLEY**, and **BEANS**, and  
**LENTILS**, and **MILLET**, and **SPELT**,  
and put them in one vessel, and make bread of it...”

Ezekiel 4:9



**WHEAT**



**BARLEY**



**SOYBEANS**



**LENTILS**



**MILLET**



**SPELT**

## The original sprouted grain & seed tortilla.

Ezekiel 4:9<sup>®</sup> Tortillas are made from freshly sprouted organically grown grains and seeds that are naturally flavorful and bursting with nutrients.

We discovered when these six grains are sprouted and combined, the result is an abundant harvest of nutrients including 9 essential amino acids.

There are 18 amino acids present in this unique tortilla - from all vegetable sources - naturally balanced in nature.



**Ezekiel 4:9<sup>®</sup> Original Tortillas 6 Count**  
**ITEM #200**

### Nutrition Facts

6 servings per container  
Serving size 1 Tortilla (57g)

Amount per serving  
**Calories 140**

% Daily Value\*

**Total Fat** 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 125mg 5%

**Total Carbohydrate** 26g 9%

Dietary Fiber 5g 18%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 7g

Vitamin D 0mcg 0%

Calcium 16mg 2%

Iron 3mg 15%

Potassium 133mg 2%

Thiamin 0.2mg 15%

Niacin 3mg 20%

Vitamin B6 0.1mg 6%

Folate 23mcg DFE 6%

Phosphorus 120mg 10%

Magnesium 45mg 10%

Zinc 4mg 35%

Selenium 23mcg 40%

Manganese 1.4mg 60%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Sesame Seeds, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Wheat Gluten, Organic Sprouted Spelt, Sea Salt.



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**Ezekiel 4:9<sup>®</sup> Taco Size Tortillas 12 Count**  
**ITEM #201**

### Nutrition Facts

6 servings per container  
Serving size 2 Tortillas (57g)

Amount per serving  
**Calories 140**

% Daily Value\*

**Total Fat** 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 125mg 5%

**Total Carbohydrate** 26g 9%

Dietary Fiber 5g 18%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 7g

Vitamin D 0mcg 0%

Calcium 16mg 2%

Iron 3mg 15%

Potassium 133mg 2%

Thiamin 0.2mg 15%

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